

Motivational Magic with Steve Harmer

Show Title: "Be A Bucket Filler!"

KNOW

About the Artist



- At a very early age Steve Harmer was captured by the wonder of magic and the excitement of juggling and unicycling. So he began his lifelong journey of learning these skills just for the joy in it.
- Later on while being trained as a teacher and then principal, Steve realized that these skills could be used as powerful teaching tools. So he pursued his passion and created his business called "Motivational Magic".
- Steve's Purpose: "Education!" "Motivation!" "Inspiration!"
- Steve's Mission: "Offering encouragement and hope to students everywhere!"
- As an experienced educator, a school gym is Steve's favorite venue in the world.

About the Performance

- Steve delivers powerful messages through the use of magic, juggling, unicycles, music and story-telling.
- Students are completely engaged in the magic, mystery and message for each 55 min. performance.
- Steve uses a different exciting colorful illusion, trick or story to illustrate each part of his message.
- He uses 6 buckets with questions and answers on them as his graphic organizer/outline for this show.
- The audience participates throughout by listening, clapping, laughing and volunteering to help on stage.
- The students are delighted as Steve balances 10 buckets on one finger and produces a live dove and rabbit!
- Steve is a "low maintenance" performer because he brings everything needed for the show.
- More information about Steve's outstanding presentations can be found at www.motivationalmagic.ca
- See this CTV NEWS story about this presentation: <https://www.youtube.com/watch?v=yt6fz9xx5SE>

About the Art Form

- Magic has been capturing the imaginations of both young and old for hundreds of years. Juggling performances have been keeping people on the edge of their seats for centuries. When magic and juggling are tied to important messages, it makes the message memorable. The students learn through the fun of magic!
- Main Idea of Bucket Filling: We are all born with "invisible buckets". These represent our mental and emotional health. We all need our own bucket filled with kindness, love and caring and we need to fill the buckets of others. Students will learn the "What, Who, How, Why, Where and When" of Bucket Filling.
- Students will grasp the power of affirming words and actions and how they can change the world.
- A "Be A Bucket Filler" Teacher's Study Guide is available.

Links to Curriculum

- Steve's presentations address these Healthy Relationships Objectives within the B.C. Health Education Curriculum.
 - qualities of friendships and healthy relationships
 - interpersonal skills
 - recognizing and responding to stereotyping, discrimination, and bullying
 - safe and caring schools

Pre-Performance Discussion Questions

- We are all born with "invisible buckets" (this is a word picture or a metaphor). When we feel happy and good our buckets are full. When we feel sad and lonely our buckets are empty.
- Does this word picture that make sense to you?
- Can you think of a time when your bucket was filled and even overflowing?
- Give us an example of a time when your bucket was empty.
- What can you do to fill the buckets of others?

Post-Performance Activities

Bucket Filling Experiment:

- Brainstorm as many bucket filling words as you can think of. Write them down.
- Brainstorm as many bucket filling actions as you can think of. Write them down.
- Now go and use those words and do those actions today.
- At the end of the day we will see how we have done.

Discuss Bucket Filling with your family at home:

- Is this something you can do with your family?
- Let us know what happens.

WONDER

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Post-Performance Discussion Questions

- As a class answer the key questions from Steve's outline:
 1. **What** is a "bucket", a "lid", a "dipper"?
 2. **Who** needs their buckets filled? **Who** can learn to be bucket fillers?
 3. **How** do we fill a bucket?
 4. **Why** fill buckets?
 5. **Where** do we fill buckets?
 6. **When** do we fill buckets?
- What stops us from showing kindness, caring and love towards others?
- When feel mad or sad it is difficult to fill buckets. What can we do about this?

Learn more about this artist online at artstarts.com/aotd