

MOTIVATIONAL MAGIC

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Teacher's Study Guide

Questions We Answer:

1. What is a "bucket"?
2. Who are bucket fillers?
3. How do we fill a bucket?
4. Why fill buckets?
5. Where do we fill buckets?
6. When do we fill buckets?



Be A Bucket Filler!
An Assembly Presentation
(For Kindergarten to Grade 7 Students)
Featuring
Educator and Entertainer
Steve Harmer
M.A. B.Ed. B.P.E. Dip. Ed.

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This Study Guide contains:

- 1. School preparation tips to receive Motivational Magic
-things the school should do to be ready**
- 2. Teacher Content Review notes
-2 pages only as teachers are too busy for more info**
- 3. Two Posters:
a. Bucket Filling Words and Actions Poster
b. Student Bucket Poster for the primary grades**
- 4. Pre Program Discussion Questions for students
-to prepare students for the show**
- 5. Teacher Feedback form
-for teachers to evaluate the presentation**

Part 1: School Preparation Tips To Receive Motivational Magic

1. Please allow access to the gym, 60 min. before the presentation.
2. Provide clean gym floor area. I work on the gym floor rather than a stage.
3. Provide proper teacher supervision during the presentation.
4. Have some staff complete the evaluation/feedback forms.
5. I provide my own sound system, backdrop and tables.
6. Please provide a black music stand and 4 chairs
7. Please allow 45 min to tear down the show.

“A fun, educational Magic program that offers kids encouragement and hope!”

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with Steve Harmer

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Be A Bucket Filler!

"Go Be a Bucket Filler! You Can Make a Difference!"

Warm-Up and Introduction:

GAME: Clapping and 3 Rules

TRICK: 10 Bucket Balance

TRICK just for fun: Red and White Ropes In Buckets Trick

Introduction of the Show:

***SHOW POSTER # 1: Have You Filled a Bucket Today!**

Overview: "We all are born with 'invisible buckets'.

These buckets represent our mental and emotional health.

I'll be talking about how affirming words and actions can strengthen children, families and communities."

The more we give kindness and love away, the more it multiplies and comes back to us!

TRICK: Multiplying Red and White Handkerchiefs to Dove

1. WHAT - is a bucket? What is a lid? What is a dipper?

A Bucket holds the good thoughts and feeling we have about ourselves.

A Lid protects us and keeps the good feelings in and keeps the bad feelings out. It also keeps the truth in and the lies out.

A Dipper tries to steal your good feelings.

When we feel happy and good our buckets are full.

When we feel sad and lonely our buckets are empty.

***POSTER # 2: Be a Bucket Filler. Don't dip. Use your lid.**

Here is an exciting mystery trick. When we fill the buckets of others, we also fill our own buckets.

TRICK: Bucket of Water & 3 smaller buckets

TRICK: Terrific Triangle with Delightful Dog Leash

2. WHO - needs their buckets filled & WHO are bucket fillers?

Everybody needs their buckets filled: babies (when we hold, caress, nurture, touch, sing to, play them we fill their buckets), also kids, teachers, parents, bus drivers, principals, caretakers, grandparents

Everybody can learn to be better Bucket Fillers.

What is exciting about bucket filling is that it is fun and easy to do:

It doesn't matter how old you are.

It doesn't cost any money.

It doesn't take much time.

TRICK: Smile Maker (with 2 buckets and 2 bucket filler helpers)

3. HOW - do we fill a bucket?

You fill a bucket - when you show love towards someone,
- when you say or do something kind or
- when you simply smile or say thanks.

Examples: Tell your mom and Dad you love them.

Smile and say good morning to the bus driver.

Invite a new student to play with you.

Write a Thank You note to your teacher.

Tell your Grandpa that you like spending time with him.

TRICK: Crystal Box to Flowers (Heart Balloon & Love is.... Cards)

4. WHY - do we fill buckets?

It encourages, strengthens and builds others up.

It spreads happiness, peace and joy.

A Bucket Filler: A loving person who makes others feel special!

A Bucket Dipper: An unloving person who steals the good feelings.

When we are feeling badly or upset, fill a bucket and it will help you feel much better.

Sometimes we don't feel like filling buckets because we are mad or sad. The stoplight poster shows us what to do.

***POSTER # 3: Be a Bucket Filler! STOP, YIELD, GO.**

TRICK: Stop Light Trick (with 1 helper)

*****Stretch Break to Music*****

5. WHEN - do we fill buckets?

All the time! Every Day! 24/7! Forever! Never Quit!

STORY/TRICK: The Story of the Chinese Bamboo Tree

We must persevere and continue to fill the bucket of another even when they don't respond or seem grateful. Over time, they are often changing on the inside, and can grow into bucket fillers even years later.

6. WHERE - do we fill buckets?

Everywhere! *At home, *At school and *In the community!

We can never go on holidays from filling buckets. We must do it everywhere.

Resource Sheet: 67 Bucket Filling Words and Actions (attached)

TRICK: Bucket Filling Words and Actions bring LIFE (Rabbit) (with 1 helper)

CONCLUSION:

Bucket Filling is exciting and wonderful because:

It is fun and easy to do!

You can make a difference!

You can change the world!

TRICK: Empty Bucket Picture with Jumbo Crayons

TRICK: Magic Painting

***SUMMARY POSTER # 4: Fill a Bucket... It's good for you!**



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Bucket Filling Words & Actions!

Powerful Bucket Filling

WORDS:

1. Fantastic!
2. Terrific!
3. Wow!
4. Awesome!
5. Great!
6. Super!
7. Congratulations!
8. Wonderful!
9. Marvelous!
10. Excellent effort!
11. Outstanding!
12. Great Job!
13. Sensational!
14. Perfect!
15. Thank You!
16. Spectacular!
17. Beautiful!
18. Amazing!
19. You got it!
20. Good for you!
21. Nothing can stop you!
22. You're a Champion!
23. You remembered!
24. Exactly right!
25. That is the best ever!
26. Way to go!
27. You worked hard for that!
28. Good thinking!
29. You didn't give up!
30. That is a great idea!
31. You're right on track!
32. Be proud of yourself!
33. You figured it out!
34. You're learning fast!
35. You can do it!
36. I believe in you!
37. You are improving!

Powerful Bucket Filling ACTIONS:

1. Help someone out.
2. Smile at other people.
3. Invite someone to play with you.
4. Say "Good morning!" to others.
5. Share your toys.
6. Share your recess snack.
7. Listen to the teacher.
8. Talk out problems.
9. Make your bed.
10. Tidy up your room.
11. Put your clothes away.
12. Help with the laundry.
13. Help with the dishes.
14. Take out the garbage.
15. Clean up after your dog.
16. Give your parents a hug.
17. Help your little brother or sister.
18. Care for a sad classmate.
19. Wait for your turn.
20. Help someone who is hurt.
21. Volunteer to do a job.
22. Make a card for someone.
23. Draw a picture for someone.
24. Write a letter to your Grandma.
25. Give someone a surprise gift.
26. Obey your Mom and Dad.
27. Listen to the bus driver.
28. Come to school on time.
29. Do your homework!
30. Cooperate with classmates.

Bucket Filling is Fun and Easy to do:

1. It doesn't matter how old you are.
2. It doesn't cost any money.
3. It doesn't take much time.

But it makes the world a much better place!!

You can make a BIG DIFFERENCE!

BE A
BUCKET
FILLER



YOU CAN MAKE
A DIFFERENCE!



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Pre Program Discussion Questions

This **NEW** exciting show was inspired by the popular "How Full is Your Bucket" material by educators Tom Rath and Donald Clifton. We all are born with "invisible buckets". These buckets represent our mental and emotional health. We all need our own buckets filled with "love" and we need to help fill the buckets of others. Affirming words and actions have the power to strengthen children, families and communities.

The most ideal preparation would be to read the "How Full is Your Bucket?" book if you can find a copy.

Questions:

1. A car needs a gas tank full of gas in order to run. What happens when the car runs out of gas?
2. The "buckets" we have are kind of like gas tanks. What kind of physical fuel do we need in our tanks to run properly? (ie food and water etc.) What kind of emotional fuel do we need in our emotional buckets in order to run properly?
3. Apparently we can survive about 40 days without food and about 4 days without water? How long can we survive without love?
4. Kindness, caring, appreciation and love are example of fuel that fills our emotional buckets. Can you think of an example of how someone filled your bucket with these things recently?
5. How have you filled someone's bucket today?
6. Let's brainstorm all the **words** you can think of that fill our buckets.
7. Let's brainstorm all the **actions** you can think of that fill our buckets.
8. It is fun and easy to fill buckets. It doesn't matter how old you are. It doesn't cost any money. It doesn't take much time. Why don't we fill more buckets?
9. When you fill someone else's bucket, you automatically fill your own too. Explain why this is so.



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“Be A Bucket Filler”

Teacher Feedback Form

	Strongly disagree		Strongly agree		
CONTENT:					
1. The educational concepts were sound.	1	2	3	4	5
2. The content was organized and presented clearly.	1	2	3	4	5
3. The level of the content was appropriate for the audience.	1	2	3	4	5
4. My students learned something new.	1	2	3	4	5
5. The assembly was time well spent for students.	1	2	3	4	5
PRESENTATION:					
1. The presentation was exciting for students.	1	2	3	4	5
2. The presentation was motivating for students.	1	2	3	4	5
3. There was a good blend of education and entertainment.	1	2	3	4	5
4. The magic used as object lessons was effective.	1	2	3	4	5
5. The presenter demonstrated a heart for students.	1	2	3	4	5
6. The presentation was very tight and professional.	1	2	3	4	5
GENERAL:					
1. I would book this type of program again.	1	2	3	4	5
2. I would recommend this program for other schools.	1	2	3	4	5

COMMENTS:

Positive Feedback:

Suggestions for Improvement:

Name: _____ School: _____ May I quote you? Yes or No